

Dear Friend,

I am writing to ask for your help.

It's not widely known that:

- More than 5.4 million people have died in the conflict in the Democratic Republic of the Congo since 1998.
- Half of these deaths are children under the age of five.
- For women in the Congo, brutal gang rape and torture are a daily reality. Rape is used as a weapon of war.

The DR Congo has often been called the worst place on earth to be a woman. Yet there are very real, simple things we can do to save lives now and in the future.

I will be taking part in Run for Congo Women on {date} in {city} to raise awareness about the Congo and funds for Women for Women International's programs in Congo.

Women for Women International works in areas of conflict and post-conflict, providing women survivors of war with direct financial assistance, job skills training, rights awareness education, and trauma counselling. In the Congo, more than 31,000 women have participated in the program to date.

I believe that Congolese women have the power and, through this program, the resources they need to rebuild their lives, families and communities. And I am {running/walking} on {date} for them!

We would love to have your support. Please visit my online fundraising page at {www.active.com/donate/runforcongowomen/_____} and donate what you can. If you'd prefer to donate by check, or if you'd like to go even further and form a one-on-one relationship with a Congolese woman by sponsoring her for one year, just let me know and I will give you a form to fill out.

Thank you so much!

Take care,
{_____}

P.S. To learn more about Run for Congo Women and Women for Women International, visit www.runforcongowomen.org.